

OUR NEWS



Message from the Mayor

Anzac Day is the day to take time and reflect on the sacrifice our war veterans made so we can enjoy the peaceful life we have now. The dawn services held in Elliston and Lock on April 25 were the perfect time to pay respects to the surviving diggers of our District and to say thank you.

On 15 April, Council settled on the purchase of the Venus Bay Beachfront Tourist Park. This is a fantastic investment for our Council, that will have long-term, positive financial impacts. We welcome Tracy, Gaven and the rest of the team as employees of Council.

On 18 April, Council was informed of the decision to reduce medical services, currently provided by Eyre and Far North Local Health Network to Elliston. A Special Council Meeting was held on 2 May, with over 50 residents in attendance. Attendees were provided with an update on the situation from Council's perspective. We continue to work on a solution that meets the primary health care needs of our community.

I have also met with residents in Lock to discuss the proposed change of services provided by the Lock Post Office. Council is strongly against any plan that results in less services to our communities, and has written to Australia Post outlining our strong objections to the proposal.

Cheers

Mayor
Andrew McLeod

ANZAC DAY ELLISTON



The Elliston ANZAC service began at 7.00am. The service was conducted by Caroline Gillett with assistance from Helen Sommerville. Kym Gillett read the Ode and Brevet Sergeant Ashley Traeger attended to the flag protocol. Wreaths were laid by the Elliston Area School, Elliston Kindergarten, District Council of Elliston, the Mens Shed, Elliston Police, Elliston SACWA, Elliston Medical Centre and Hospital, Nigel May on behalf of the May and Inkster families, the RSL, Kerry Williams on behalf of the North, Boylan and Freer families and Merilyn Nooroa representing New Zealand and Cook Island veterans. Many people placed poppies or rosemary sprigs in remembrance.

Approximately 180 people, many of them visitors to our district, attended the service. Those who wished to enjoyed a bacon and egg breakfast cooked by volunteers led by Debbie May at the Trudinger Park. The ANZAC memorabilia was on display in the Old Council Chambers for the day and will also be on display during the month of May on Mon, Wed & Fri from 10am-2pm.

ANZAC DAY LOCK

Around 70 attended the 6.30am Anzac Day Service at Lock hosted by the Lock & Districts Service Group (LADS) at the Lock Institute.

Led by Neil Cummins, Young Citizen of the Year Melissa Pahl was flag warden, with Michael Zacher giving the bible reading and Kelsey Kay and Matilda Cummins providing Anzac themed readings.

Leon Hurrell gave the address on his grandfather's war service from 1942 – 1945. Private Cephas Kirvan Norton served in Papua New Guinea & Borneo in the Aircraft Anti-Battery Regiments, and was one of the lucky ones who survived and returned to Australia.

Citizen of the Year Kerran Glover recited the Ode. Wreaths and tributes were laid on behalf of the District Council of Elliston (Cr Zerk), Sgt Albert Lock (K Young), SACWA (A Hodge), Westminster School (J Kammermann), local and family service men and women. Many of the children laid flowers and it was indeed touching to see Piper (5yrs) and Haddie (3yrs) Kay lay their crafted wreaths as great, great granddaughters of Private Cephas Norton.

Supper room tables were adorned with rosemary and poppies as LADS served their egg, bacon, toast and beverage breakfast to all attendees.

Thank you to Sylvy Dolphin for the photos and words about the Lock service.



Michael Zerk



What is the greatest accomplishment of your life to date?

Raising our 3 daughters, that my wife Gabby & I are proud of.

What skill would you most like to learn?

To play the ukulele that I bought 4 years ago.

What do you do in your spare time?

Spend time in Elliston, Wingfoiling (like windsurfing with a hydrofoil attached to the board) when I can.

What is your favourite music?

80's to current rock.

Have you always lived in the District, if no, where else have you lived?

Yes, in Lock.

What is your current occupation?

Farmer.

Do you live by any piece of advice or motto?

Don't waste time, there's only so much of it.

What is the furthest place you have travelled to?

Santorini, Greece.

What is something you have been thinking about lately?

I've been reading about early Australian maritime history.

What is a perfect day for you?

Spending time outdoors with family and friends.

What is one thing that instantly makes your day better?

Coffee (but not instant).

What are you most looking forward to?

Spending time at the beach and travelling.

What is the best advice you have ever received?

Don't worry about the things you can't control.

What or who inspires you?

Positive people that get things done without fuss.



CHANGES TO THE SMOKE-FREE AND VAPE-FREE OUTDOOR AREA LAWS

As of 1 March 2024 new laws came into effect banning smoking and vaping in various outdoor areas in South Australia. These are being introduced to address risks associated with passive tobacco smoking and passive inhalation of e-cigarette aerosols. For further information please see:

<https://www.preventivehealth.sa.gov.au/our-agency/tobacco-and-vaping/new-smoke-free-and-vape-free-outdoor-area-laws>.

The new laws will create smoke-free and vape-free outdoor areas in all public areas:

- within early childhood services premises, and education and children's services facilities (including schools), and within 10 metres of their boundaries
- at and within 10 metres of non-residential building entrances, such as entrances to shopping centres, government and commercial buildings
- within public hospitals, public health facilities, private hospitals and residential aged care facilities, and within 10 metres of their boundaries
- at outdoor swimming facilities or within major event venues declared under the Major Events Act 2013
- at and within 10 metres of a sporting venue during an organised underage sporting event or training or practice session in preparation for an organised underage sporting event
- on beaches between, and within 50 metres of, red and yellow patrol flags, and at and within five metres of any part of jetties (including under jetties).

QUIT YOUR WAY IN MAY



A current program running for May is the "Quit Your Way in May" program. The program provides support for people to quit smoking and vaping in May. There are tips and tools people might find useful at the website:

<https://quityourwayinmay.com.au/>

For support over the phone you can also contact Quitline on 13 78 48.

HEALTHY HABITS

Establishing healthy habits in our lives positively impacts our physical and mental health now and into the future. And did you know that your positive habits can inspire others around you to do the same! Let's help each other out!

These habits can be small daily activities like:

- choosing to eat well
- being active every day
- getting outside in nature; and
- getting a good night's sleep

The Preventative Health SA (formerly Wellbeing SA) website has practical ideas on how to eat healthier including recipes that you **can make with your kids**:

<https://www.preventivehealth.sa.gov.au/healthy-living/being-active-healthy/eating-well/kids-kitchen>

They also have videos on staying active to get you started and if you are not sleeping well there are some tips that you might want to try as well as information on sleep amount recommendations.

Congratulations Sharon!

2024 SA Nursing and Midwifery Excellence Awards finalist



Sharon Sibenaler

Congratulations to Sharon Sibenaler who was a finalist for the 2024 Excellence in Practice – Registered Nurse Award for her work in the establishment of a mosquito surveillance program to help with monitoring for Ross River virus. Sharon's role as the Practice Nurse at the Mid-Eyre Medical Centre puts her at the center of our community, and she has had, and continues to have, a huge impact on Elliston.

GRANTS PROGRAM

The South Australian Government is improving access to Automated External Defibrillators (AEDs) across the state by making them mandatory in certain buildings, facilities and vehicles. To assist community and sporting organisations with the purchase of an AED, Preventive Health SA is providing grants of \$1,000 to those eligible.

Applications for the first round of funding are now open.

All not-for-profit community or sporting organisations are encouraged to apply, where they are the owner of a building or facility.

Applications close 5.00pm, Friday 24 May. To check your eligibility and apply, visit <https://bit.ly/3VWcFb2>

CATS & DOGS

Can't afford to desex your cat or dog?



National Desexing Network, District Council of Elliston and participating vets are here to help those in need.

DISTRICT COUNCIL OF ELLISTON NDN COOPERATIVE DESEXING PROGRAM*

ALL CATS	\$50
SMALL DOGS 0-10KG	\$60
MEDIUM DOGS 11-25KG	\$70
LARGE DOGS 26-40KG	\$90
X LARGE DOGS OVER 40KG	\$100

Call: 1300 368 992

Please leave a message if needed and your call will be returned

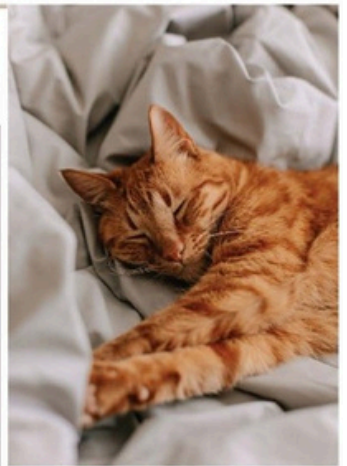
* District Council of Elliston residents only. Conditions apply. Available while funds last.



DISTRICT COUNCIL OF ELLISTON

IS YOUR DOG AND CAT MICRO CHIPPED?

Having your animal microchipped ensures your animal can be easily identified and returned to the rightful owner when lost, stolen or strayed.



DC ELLISTON IS NOW OFFERING A MICROCHIP SERVICE

\$40 per dog or cat
\$30 concession card holders

IT'S THE LAW!

In South Australia it is compulsory for ALL dogs and cats to be microchipped. All dogs and cats in the District Council of Elliston must be registered in Dogs and Cats Online with the microchipping details.

Dogs and cats must be microchipped:
Before it is sold; or;
Before it reaches 12 weeks of age; or;
Within 28 days of an owner taking possession; or;
If a veterinarian has granted an extension of time, before the extension of time has expired.

Call to make an appointment time **8687 9177** 21 Beach Tce ELLISTON

Telstra 3G Network Closing

30 June 2024

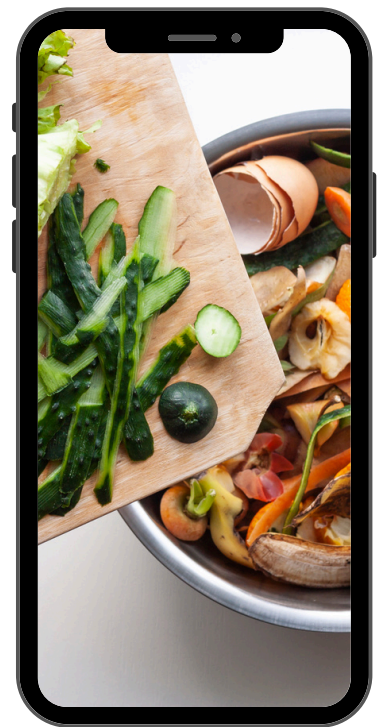
The Telstra 3G Network is closing 30 June 2024.

To check if your phone will still be compliant after this date:

✉️ Text 3948 and enter 3 as your message

SAVEFUL APP

Have you heard of the Saveful App? It is aimed at helping to reduce food waste. There are several ways to use the app. You can use recipes on the app that begin with a basic structure but also allow you to incorporate the ingredients that you have already in your fridge or pantry. The second way is to search for recipes that contain specific ingredients that you have that you want to use up. There are also shopping and cooking tips. New recipes continue to be added to the app. The app can be downloaded for free in the App Store or on Google Play. You can also visit the Saveful website for further information: <https://www.saveful.com/>.



Bin Reminder

Just a reminder to place your rubbish bin and recycling bin out the night before your collection day as sometimes the routes change for the trucks and they may arrive earlier than usual along your street.

DRUMMUSTER

Did you know that the District Council of Elliston participates in the Drummuster Program?

The Drummuster program is a great way to keep your farm free of excess empty chemical containers.

We offer Drummuster collection at both the Lock and Elliston Transfer Stations

Contact Hannah Zerk on 8687 9177 to organise a collection

RETURN UNWANTED MEDICINES

Have you considered reviewing what is in your medicine cabinet? It may contain out-of-date medications or medicines that you no longer need. Our local pharmacies at both Elliston and Lock can take these for you to dispose of appropriately as it is not okay to flush them down the drain or throw them out in the rubbish as the chemicals they contain can contaminate the environment. If you have questions regarding this have a look at the Return Unwanted Medicines website at: <https://returnmed.com.au/>.

WATER SAVING TIPS

We all need reminding from time to time to review our water usage and find ways we can tweak our habits to be more efficient water users. SA Water have a number of tips on their website:

<https://www.sawater.com.au/my-home/saving-water/in-your-home> some of which we have highlighted below.

Some simple ways are:

- Turning off the tap when you are cleaning your teeth, shaving, and lathering your hands when washing them
- Shortening your time in the shower
- Fill the sink when washing the dishes rather than washing them under running water
- Only turn on the dishwasher when its full
- Save the water in a bowl or jug when you are running taps waiting for water to heat up or cool down and use this on your garden
- Water your garden before the heat of the day or once it cools in the evening, particularly in summertime

Other ways to limit accidental water usage:

- Check for a leaking toilet cistern – put a few drops of food colouring in the cistern, if the colour shows in the toilet bowl without you flushing it you have a leak.
- Fix dripping taps

To improve the efficiency of your appliances:

- Install a water-efficient shower head
- Install a dual flush toilet
- Install aerators on taps – these mix air with water and reduces water flow without affecting pressure

When you need to replace appliances choose ones that are water-wise.

To help understand the water rating label you can find information at: <https://www.waterrating.gov.au/>



District Council of Elliston

Ph: (08) 8687 9177

Email: dce@elliston.sa.gov.au

Website: www.elliston.sa.gov.au

21 Beach Terrace

ELLISTON SA 5670

PO Box 46